
Workplace Safety Regulatory Compliance and Inspection Readiness Training Course

1 – 5 March 2027
Cape town





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Ref: 131_14944 **Date:** 1 – 5 March 2027 **Location:** Cape town **Fees:** 4800 GBP

Programme Summary

Workplace safety regulatory compliance and inspection readiness is a one-week training course for senior HSE and operations leaders, culminating in a site compliance and inspection readiness plan. Regulatory occupational safety standards set minimum controls for high-risk work, yet many sites discover gaps only when an inspector or an incident exposes them. The approach links the legal duty of care, the hierarchy of controls and the main hazard-specific standards to recordkeeping, self-audit and inspection management. Mars Training Centre UK delivers this programme in workplace safety regulatory compliance and inspection readiness.

The Business Case

Non-compliance with occupational safety standards brings enforcement notices, penalties, work stoppages and, most seriously, preventable injuries. Leaders who know what the standards require, test their sites honestly and manage inspections with credible evidence avoid surprises, protect workers and keep operations running.

- Regulatory Enforcement Exposure: Falls as gaps in written programmes, training and physical controls are found and closed before inspection.
- Serious Injury Potential: Reduces as energy isolation, confined space and fall protection controls are verified in the field.
- Recordkeeping Accuracy: Improves as injury classification and reporting follow defined rules and are reviewed.

Principles and Evidence Base

- ILO Occupational Safety and Health Convention C155: Frames employer and worker duties examined in Session 1.
- ILO-OSH 2001 Guidelines: Link regulatory compliance to a managed system of planning, audit and review in Session 4.
- UN Globally Harmonized System of Classification and Labelling of Chemicals GHS: Underpins hazard communication, labels and safety data sheets in Session 2.
- Hierarchy of Controls: Guides the evaluation of every hazard-specific control in Session 2 and Session 3.



Intended Participants

- Leaders accountable for safety standards compliance across one or more operating sites.
- Managers who receive regulatory inspectors and respond to notices and findings.
- Heads of HSE who set written safety programmes and verify their implementation.
- Operations and maintenance leaders who authorise high-risk work.

The programme serves manufacturing, construction, oil and gas, and logistics and warehousing.

Learning Outcomes

1. Participants will be able to evaluate site obligations under occupational safety standards for general industry and construction.
2. Participants will be able to diagnose weaknesses in hazard communication, energy isolation and confined space programmes.
3. Participants will be able to assess fall protection, machine guarding and personal protective equipment controls against the hierarchy of controls.
4. Participants will be able to construct accurate injury and illness records and compliance metrics.
5. Participants will be able to design a compliance self-audit and corrective action process.
6. Participants will be able to prioritise actions that prepare a site for regulatory inspection.

Programme Structure

Day 1: Workplace Safety Regulatory Compliance Foundations

What do occupational safety standards require, and who carries the duty?

- General Duty of Care and Specific Standards
- ILO Convention C155 Employer and Worker Duties
- General Industry Versus Construction Standards
- Written Safety Programmes and Required Training
- Compliance Obligations Register

Day 2: Hazard Communication and Energy Control

How are chemical and stored-energy hazards controlled to the standard?

- GHS Labels, Safety Data Sheets and Chemical Inventories
- Lockout/Tagout Procedures and Periodic Inspections
- Electrical Safety and Arc Flash Boundaries
- Hierarchy of Controls Applied to Chemical Exposure
- Contractor Hazard Communication



Day 3: High-Risk Work Controls

Which controls prevent fatalities in confined spaces, at height and around machinery?

- Permit-Required Confined Space Programmes and Rescue
- Fall Protection Systems and Walking-Working Surfaces
- Machine Guarding Assessment
- Personal Protective Equipment Hazard Assessment
- Scaffolds, Ladders and Excavation Controls

Day 4: Recordkeeping, Self-Audit and Corrective Action

How does a site prove compliance and find its own gaps first?

- Injury and Illness Recording and Classification Rules
- Compliance Self-Audit Checklists and Sampling
- Corrective Action Tracking and Verification
- ILO-OSH 2001 Audit and Management Review Links
- Leading Indicators of Compliance Health

Day 5: Building Inspection Readiness

How are standards, controls and evidence combined into one readiness plan?

- Compliance Gap Analysis for a Participant Site
- Inspection Protocol: Opening Conference, Walkthrough and Closing
- Evidence Files and Document Control
- Responding to Notices, Findings and Abatement Deadlines
- Site Compliance and Inspection Readiness Plan Presentation

Methodology

The programme relies on field-style audit exercises supported by case analysis. Participants audit realistic site scenarios from manufacturing, construction and energy operations, review written programmes and injury logs, role-play an inspection visit and test corrective actions against the hierarchy of controls.

- Suggested activity: Auditing a lockout/tagout procedure against observed maintenance practice.
- Suggested activity: Classifying a set of injury cases for recordkeeping.
- Suggested activity: Role-playing an inspector walkthrough and closing conference.



Capstone Output

Each participant completes a site compliance and inspection readiness plan. It records applicable standards, programme and control gaps, recordkeeping actions, the self-audit schedule, inspection protocol and owners for each corrective action, ready for management approval.

Frequently Asked Questions

Is workplace safety regulatory compliance training suitable for operations leaders outside HSE?

Yes. It suits operations, maintenance and site leaders who authorise work and host inspections. It assumes management responsibility for a site, but no prior specialist safety qualification.

Which standards underpin workplace safety regulatory compliance and inspection readiness?

It draws on ILO Convention C155, the ILO-OSH 2001 guidelines, the UN Globally Harmonized System for hazard communication and the hierarchy of controls.

How is the site compliance and inspection readiness plan used at work?

You take back a plan your management can approve, listing gaps, owners, self-audit dates and the protocol your site will follow when an inspector arrives.

How does workplace safety compliance differ from ISO 45001 implementation programmes?

It concentrates on meeting hazard-specific regulatory standards and inspection readiness, rather than designing and certifying a full occupational health and safety management system.